

Program

Memorial/Celebration of Zachary Golub Rosen

September 8, 2019

Kaddish for the Children of the Holocaust

David Feinberg, composer
Arthur Maisel, arranger and piano
Members of Beth Am choir¹
Members of Khorikos²

Speakers

Marcia Golub
Bob Rosen
Nick Singer
Ned Myerberg
Dan Knobler
Sam Silver
Lauren Greenberg
Connor Grant
Merrill Clark

Footprints

Wayne Shorter, composer
Merrill Clark, lyrics and bass
Elise Morris, vocal
Noah Baerman, piano
Caroline Davis, alto sax
Tom Christensen, tenor sax
Jason Burger, drums

Intermission**Songs by Zack, performed by his friends³**

All in Time
Too Late
Speak to Me
War is Over
Pound
Circles
There You Are

Bicycle
Rome
Come Back Alone
House of Cards
Pick up the Pieces
Salt Part 2

Heaven Forbid (Zack on video)

Mingling and Refreshments

Note: A playlist of tunes featuring Zack on bass and a slide show of scenes from Zack's life will shuffle in the lobby and also play during intermission and mingling time in the auditorium.

¹ Members of Beth Am choir: Margot Fein, Beverly Myers, Liz Ritter, George Robinson, Jane Schwenger, Arlene Shaner, Beverly Weintraub, Jane Weiss

² Members of Khorikos: Alex Boostrom, Arielle Datz, Alec Galambos, Carah Naseem, Kris Nolte, Hannah Sheldon-Dean

³ Zack's friends: Max Almario (drums), Jason Burger (drums), Caroline Davis (sax), Ian Davis (guitar, vocals), Gabriel Gall (keys, guitar, vocals), Connor Grant (guitar, vocals), Lauren Greenberg (vocals), Zubin Hensler (keys), Ben Hoffman (keys, vocals), Dan Knobler (guitar), Jesse Kranzler (guitar), Martin Nevins (bass), Raphael Peterson (vocals), Matt Porter (keys), Jonathan Seale (vocals), Matt Sellier (tanbur), Nick Spizzirri (drums), Katie Vogel (vocals), Rachel Ann Weiss (vocals)

Special thanks to all the musicians above, as well as to Alice Bernstein, Jacob Blumberg, Ian Davis, Margot Fein, Alec Galambos, Gabriel Gall, Connor Grant, Lauren Greenberg, Dan Knobler, Ed Levine, Jane Maisel, Ned Myerberg, Katie Porter, Sam Silver, Nick Singer, Katie Vogel, and the staff of Roulette for their help coordinating this event, creating the "zine," and designing the upcoming website, zack-rosen.com. And thanks to all of you for being there — and here — for us.

Please watch for email updates about album releases and the online posting of today's event. Be sure to sign a guestbook in the lobby if you've never received an email from us.

ABOUT ZACK'S ILLNESS

Zack died of schizophrenia, a horrible illness that afflicts one in a hundred people – over 3 million in this country alone. It caused him to often lose contact with reality, to have delusions and hallucinations. In addition, he had a component symptom of schizophrenia called anosognosia, which is the lack of awareness that one is sick. This lack of insight affects about half of all people with the illness and it is a major complicating factor in treatment.

Zack refused to accept help because he didn't believe anything was wrong. And because he was an adult, we couldn't force him into treatment. Not until he was in acute crisis was he hospitalized and treated, and that was against his will. Being involuntarily hospitalized, especially when you don't believe you are sick, is essentially being sent to jail. It was Zack's worst nightmare, so once released, he complied with treatment to the extent he had to. He saw his doctor and social workers on schedule, and he took his meds. But he remained symptomatic, and he refused to acknowledge those symptoms to us or his medical team.

Effective treatments can sometimes be found through trial and error, along with an open and honest dialogue with doctors. But Zack took only what medication he was forced to; he never told the doctors what he was experiencing, nor was he willing to try any new medication.

So this is how the last years of Zack's life played out. Medical treatment gave him a few more years - no longer years of promise, but still of hope. The medications enabled him to live more normally, but at a terrible cost. There were awful side effects - movement disorders and breathing disorders that were socially debilitating and potentially life threatening. Yet somehow through all his suffering, Zack fought on. He took vacations with us and celebrated holidays and weddings with our families. His love of music and his musical ability remained intact and even flourished. He continued to play gigs, go to friends' performances, discover new music, and write his own. But there was little other joy in his life.

What went through his mind in those last terrible moments of his life we will never know. He did leave a note, however, saying, "I love my parents, I love my friends. This has nothing to do with them." Kind to the end, he wanted to make sure no one bore any sense of guilt for the action he was about to take.

WHAT YOU CAN DO

Although there was nothing any of us could have done to stop the tragic trajectory of Zack's life, there are ways to honor Zack's memory, and none better than helping others. We are supporting the following organizations in Zack's memory. You may want to choose one and do the same:

Brain & Behavior Research Foundation funds schizophrenia (and other mental illness) researchers working to find better treatments and ultimately a cure.

National Alliance for the Mentally Ill (NAMI) supports and educates sufferers of mental illnesses and their families.

Treatment Advocacy Center lobbies governments to eliminate barriers to treatment for acute mental illness.

And because Zack was an activist for social justice, we contribute in his memory to the **ACLU**, **NAACP Legal Defense Fund**, and **HIAS**, among others.